



## EMOTIONAL EXCELLENCE (EQ) FOR LEADERSHIP EXCELLENCE

SABAH SKILLS & TECHNOLOGY CENTRE

### INTRODUCTION

The success of corporate leaders, outstanding entrepreneurs and outstanding individuals are not defined by their IQ's or their job skills, but by their "Emotional Intelligence": a set of competencies that distinguishes how people manage feelings, interact and communicate. Unlike IQ, Emotional Intelligence (EQ) continues to develop with life experiences. Understanding and raising your Emotional Intelligence is essential to your success and leadership potential. EQ is the barometer of excellence on virtually any job. This programme aims to provide you with the latest leadership competencies so that you can significantly enhance your leadership skills. The sessions will focus on inspiring and empowering the individual to handle a wide range of leadership situations.

### COURSE CONTENTS

- The leader's personality profile
- Leading others effectively
- Essential competencies for the innovative leader
- Enhancing creative thinking skills for the innovative leader
- Implementing innovative leadership for managing
- Performance in the workplace

### LEARNING OUTCOMES

This programme aims to enable participants to achieve the following objectives:

- Develop leadership competencies
- Harness their emotional intelligence to release creativity in the workplace
- Understand and practice innovative leadership]Gain insights of their own strengths and weaknesses and leadership styles
- Develop emotional competencies such as resilience, creativity, intentionality and interpersonal connections
- Understand and practice key people skills
- Develop enhanced interpersonal relationships
- Learn to apply people skills for success in the workplace
- Become better supervisors and better subordinates

### WHO SHOULD ATTEND

This programme is specifically designed to enhance the leadership skills of any individual in business, government, education, social aid and the military. Anyone who is asked to lead and manage an organization, division, department or team will return to work prepared and skilled to tackle the toughest leadership assignments. The programme will particularly benefit anyone responsible for:

1. Developing and implementing strategies, initiating and managing change,
2. Improving operational performance, creating and leading high performance teams
3. And demonstrating empowering leadership.

#### Duration

2 Days

#### SSTC Member

RM 742.00

#### Non SSTC Member

RM 795.00

#### FSI's Member

RM 768.50

Fee is inclusive of refreshment, lunch, course materials and certificate of attendance

\*Rate inclusive of 6% GST

#### Sabah Skills & Technology Centre

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### RESOURCE PERSON

**Ben Ha Tze Fei** holds an Executive Diploma in Business Management from Reid Kerr College, Paisley, Scotland. He is a certified trainer with Pembangunan Sumber Manusia Berhad (Certificate No. TTT/4549). Ben Ha's experience in the corporate sector spans nearly 10 years with the most of that time spent in the consulting and training industry. His exposure was essentially in the area of health and wellbeing, ranging from people development to process improvement. Today, Ben Ha is a full time corporate trainer on areas which include Communication Skills, Interpersonal Skills, Time Management, Anger Management, Health and Wellness etc. Over the years, he has educated individuals from the manufacturing, plantations, banking and oil and gas industry as well as government bodies. His audience range from entry level employees to management staff. For him, continuous learning is the key to success. To ensure his delegates' learning is truly enhanced, Ben Ha shares insightful and practical guidance to implement best practices that will bring about people development initiatives within the organization. With tools and techniques based on sound principles and practices from real-life experiences, delegates found his teachings easy to relate to. His facilitating and training style, allied with his personal enthusiasm and sense of humour, is key to his dynamic and informative program delivery. It is his strong belief that every individual's potential can be developed and he evokes positive self-response.

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