



### INTRODUCTION

Defensive Driving save lives, time & money, inspite of the conditions around you and the actions of others. It is a form of training for drivers that goes beyond mastery of the rules of the road and the basic mechanic of driving. It aims to reduce the risks of a driving by anticipating dangerous situations, despite adverse conditions or mistakes of others. The course also emphasize on driver's behavior and understanding that the lives of others and their own are in their hands.

### COURSE CONTENTS

- The know - how for evaluating and improving driving skills after mapping - out a personal behavior and skills inventory
- L.O.V. E techniques to prevent collisions
- Coping strategies for dealing with road rage, impaired drivers, high - speed drivers and other dangers on the road
- Identifying Road Hazards
- The serious consequences of fatigue, distracted driving, emotional impairments, and other risk factors
- Time & Journey Management
- Why vehicle malfunction and poor maintenance contribute to collisions
- Emergency Response

### WHO SHOULD ATTEND

Experienced licensed drivers, Heavy Good Vehicle Drivers (Dangerous Goods or Cargo Lorry), Public Transport Driver (Bus, Taxi, Van, Limousine & etc) & companies who want a driver improvement course for their employees.

### RESOURCE PERSON

**Jason Richard Rajah** has experience in Driving Safety Lecturer for 7 years and as a Driving Instructor for 9 years. He also a Qualified Test Instructor and Assessor for 4 years. In 2012, he has been successfully completed Test Instructor 's Course for driving competency assessment and grading which is collaborated with MIROS on road accident monitoring. Back in 2007, he completed Driving Instructor Licensing Course by Road Transport Department that qualified him become as a panel lecturer on Driving Safety.

**Duration**  
2 Days

**SSTC Member**  
RM 742.00

**Non SSTC Member**  
RM 795.00

**FSI's Member**  
RM 768.50

Fee is inclusive of refreshment, lunch, course materials and certificate of attendance

\*Rates inclusive of 6% GST

### Sabah Skills & Technology Centre

No. 8, Jalan 1C, KKIP Selatan, Industrial Zone 1 (IZ1), KKIP, 88460, Kota Kinabalu, Sabah

Tel: 088-496613/4 (Ms. Jennifer/ Eveyynne) Fax: 088-499615,

Email: [jennifer@sstc.org.my](mailto:jennifer@sstc.org.my) / [eveyynne@sstc.org.my](mailto:eveyynne@sstc.org.my)

Website : <http://sstc.org.my>