

## PERSONAL EMPOWERMENT FOR ORGANIZATIONAL EXCELLENCE

### INTRODUCTION

We all want to be happy at work. However, not all of us know how to make ourselves happy at work. Challenging work demands, unproductive people and relationships, and uncertainty of our own purpose and direction, all contribute to unhappiness at work. This programme provides the participants with the tools and techniques to make their working lives happy and enjoyable, starting with themselves and requires the commitment to experience the experience and grow to one's full potential. Participants will be provided with basic practices that can contribute greatly towards self-empowerment at work that leads to enhanced performance, which will ultimately bring improved organizational results as well as enjoying the journey as much as the destination of SUCCESS.

### COURSE CONTENTS

- **UNDERSTANDING ORGANIZATIONAL CULTURE**
  - \* Why do organizations exist?
  - \* The followership thrust: Conform - Comply - Innovate
  - \* 5 guiding principles of organizational culture
- **MANAGING YOUR 'SELF'**
  - \* Our 'SELF' - a playback of subconscious programming
  - \* "Positive mindsets of an empowered 'SELF'"
  - \* 'Self-talking' towards personal empowerment
- **HUMAN RELATIONS FOR EFFECTIVE RESULTS**
  - \* Factors affecting human behaviors
  - \* The 'I' accountability in human relationships
  - \* Strategies for effective human relationships at work
- **MANAGING YOUR WORK**
  - \* "Who am I?" - a job's grief
  - \* Developing positive work attitudes
  - \* Strategies for managing your work
- **MANAGING YOUR BOSS**
  - \* "Even God loves angels around him"
  - \* Being a leader to your boss
  - \* Strategies of managing your boss
- **MARKETING YOUR 'SELF'**
  - \* Charting your success journey
  - \* Developing your 'F-A-B' for greater opportunities
  - \* Seven strategies for 'marketing your 'SELF' '

### WHO SHOULD ATTEND

Manager, Existing Supervisor, Promoted Supervisor, Management staff, Head of Department, Executives.

Duration  
2 days

SSTC Member  
RM 742.00

Non SSTC Member  
RM 795.00

SME  
Training Grant  
RM 238.50

\*all rates are inclusive  
of 6%

For more information or registration, contact:

Sabah Skills & Technology Centre

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VISIT OUR WEBSITE at: <http://sstc.org.my>



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### RESOURCE PERSON

**Tuan Haji Mohamad Fairus Bin Shidi** is an Associate Consultant of GEM Consultancy. He has been in people development arena since 1992, when he started as Training Executive at one of the largest life insurance companies in Malaysia. Tuan Haji Mohamad Fairus Bin Shidi is the Director of Efficient Frontier Consulting Sdn. Bhd. He holds a LL.B (Hons.) degree from the University of Nottingham, United Kingdom. He has been in people development arena since 1992, when he started as Training Executive at one of the largest life insurance companies in Malaysia. With experience in both the corporate, as well as the private sectors, Tuan Haji Mohamad Fairus has created his own reputation among people who have attended training programmes conducted by him. His energy is highly contagious, his enthusiasm is always admired, and his friendly disposition is oft-talked about by many of his participants. Tuan Haji Mohamad Fairus lists his training session for our national athletes in the Kem Jaya 98 for the Commonwealth Games 1998 as his most memorable achievement. Some of the athletes in the session went on to win medals in the Games, while some have made their marks in other ventures long after the Games had ended. Tuan Haji Mohamad Fairus has been invited to train in organizations in Malaysia, Singapore and Indonesia. Among some of the organizations that he has trained include Institute Bank-bank Malaysia; Institut Tadbiran Awam Negara (INTAN); CIMB-AVIVA Assurance Berhad; Petronas Dagangan Berhad; BASF Asia-pacific Service Centre Sdn. Bhd. and Tenaga Nasional Berhad.

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