

## OCCUPATIONAL SAFETY & INDUSTRIAL HYGIENE

### INTRODUCTION

Industrial Hygiene has been defined as the science and the art devoted to the anticipation, recognition, evaluation and control of those environmental factors stresses arising in or from the workplace, which may cause sickness, impaired health and well being or significant discomfort among workers or among the citizens of the community.

### COURSE CONTENTS

- Type of health hazards
- Chemical stresses
- Physical stresses
- Ergonomic stresses
- Biological stresses
- Threshold limit values
- Standard operating procedures

### WHO SHOULD ATTEND

Safety offices, supervisors, supervisor's operators floor workers & interested parties.

### RESOURCE PERSON

Dr. **Avinash K. Chand** , a graduate of International Medical University. Currently, AK is Assistant Director of Occupational Health at Department of Occupational Safety & Health (DOSHS) since February 2011. Along with enforcing the Occupational Safety & Health Act 1994 and Factory and Machinery Act 1967, his job scope includes OSH audits with emphasis on workers' health, investigation of work-related diseases, Safety and Health Officer training, implementation of OSH management systems and consultation with various industries on OSH-related issues. A firm believer that prevention is better than cure, He hopes with his passion for pursuing better OSH practices among both employers and employees will help transform the Malaysian OSH landscape. Prior to this, he was attached to the Orthopaedics Department, Queen Elizabeth Hospital, Kota Kinabalu (2008-2011). Apart from clinical duties, as a Certified Medical Impairment Assessor (CMIA), he also was part of the Medical Board and Appellate Medical Board (SOCSO) dealing with workers' rehabilitation, return-to-work and compensation.

Duration  
2 days

SSTC Member  
RM 583.00

Non SSTC Member  
RM 636.00

SME  
Training Grant  
RM 190.80

\*all rates are inclusive  
of 6% GST

For more information or registration, contact:

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