

## INDUSTRIAL FIRST AID, AED & CPR

### INTRODUCTION

Accident at the workplace well recognised for the direct effect they have on productivity. Loss of productive time due to accidents, fortunately preventable with proper training. However, should accident still happen despite this, then proper initial handling of the accident victim can contribute significantly to the outcome of the victim. Basic skill in handling common injuries thus important in any organisation. Basic life skill like CARDIOPULMONARY RESUSCITATION ( CPR ) should be learnt by everybody especially in this age and time where heart disease, due to affluent lifestyle, have emerged as the leading killer in our country Malaysia.

### COURSE OBJECTIVE

Upon completion of the training, successful participants will be able to;

- Assess the situation of a casualty and determine the priority of treatment
- Identify the disease or condition of a casualty and make a primary diagnosis
- Demonstrate the ability to apply immediate, appropriate and adequate initial management to a casualty
- Ensure the need for and exercising of caution when handling or moving a casualty accordingly to the patient's condition and level of injuries sustained
- Demonstrate and ensure the use of recognised resuscitation techniques.

### COURSE CONTENTS

- Introduction to First Aid
- Wound and Bleeding
- Basic Life Support (includes CPR & Heimlich Maneuver)
- Shock
- Chemical Emergency management
- Musculoskeletal Injuries
- Dressing, Bandages and Splints
- Moving the Victim
- Burn Injuries
- Poisoning (Optional)
- Eye Injuries ( Optional )
- Amputation ( Optional )
- Hazard Identification
- Practical session and Assessment

### TARGET PARTICIPANTS

The target group for this course will be Industrial and Offshore Workers, OSH practitioners, Office workers, Constructions, Plantation, Manufactory & Mechanical & Engineering

Duration  
2 days

SSTC Member  
RM 689.00

Non SSTC Member  
RM 742.00

SME  
Training Grant  
RM 222.60

\*all rates are inclusive  
of 6% GST

For more information or registration, contact:

Sabah Skills & Technology Centre

No. 8, Jalan 1C, KKIP Selatan, Industrial Zone 1 (IZ1), KKIP, 88460, Kota Kinabalu, Sabah

Tel: 088-496613/4 (Ms. Shariffah / Ms. Jennifer) Fax: 088-499615,

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VISIT OUR WEBSITE at: <http://sstc.org.my>



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### RESOURCE PERSON

**Ag. Azmi Bin Hj. Ag Damit** is currently a Medical Officer at Hospital Likas since year of 2007. He is passionate about occupational health and is holding a Diploma in Post Basic in Emergency Medical; he is also a Local Preceptor for the hospital Likas. He is passionate in giving training on the Basic Life Support, Advanced Trauma Life Support and also First Responder Life Support.

**Salleh Bin Misjin** is currently Director of SHS Supplies and Consultancy Sdn Bhd. He is having more than 3 years of medical and emergency experience in rural, Hospital and Industries setup. Strong clinical skill, experience in organizing and implementing policy, emergency procedures and control efficiency unit activities. He is currently pursuing his Executive Master In Occupational Safety and Health Management at UTM Sabah.

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