

EMOTIONAL EXCELLENCE (EQ) FOR LEADERSHIP EXCELLENCE

INTRODUCTION

The success of corporate leaders, outstanding entrepreneurs and outstanding individuals are not defined by their IQ's or their job skills, but by their "Emotional Intelligence": a set of competencies that distinguishes how people manage feelings, interact and communicate. Unlike IQ, Emotional Intelligence (EQ) continues to develop with life experiences. Understanding and raising your Emotional Intelligence is essential to your success and leadership potential. EQ is the barometer of excellence on virtually any job. This programme aims to provide you with the latest leadership competencies so that you can significantly enhance your leadership skills. The sessions will focus on inspiring and empowering the individual to handle a wide range of leadership situations.

COURSE CONTENTS

- The leader's personality profile.
- Leading others effectively.
- Essential competencies for the innovative leader.
- Enhancing creative thinking skills for the innovative leader.
- Implementing innovative leadership for managing performance in the workplace.

LEARNING OUTCOMES

This programme aims to enable participants to achieve the following objectives:

- Develop leadership competencies
- Harness their emotional intelligence to release creativity in the workplace
- Understand and practice innovative leadership Gain insights of their own strengths and weaknesses and leadership styles
- Develop emotional competencies such as resilience, creativity, intentionality and interpersonal connections
- Understand and practice key people skills
- Develop enhanced interpersonal relationships
- Learn to apply people skills for success in the workplace
- Become better supervisors and better subordinates

WHO SHOULD ATTEND

This programme is specifically designed to enhance the leadership skills of any individual in business, government, education, social aid and the military. Anyone who is asked to lead and manage an organization, division, department or team will return to work prepared and skilled to tackle the toughest leadership assignments.

Duration

2 days

SSTC Member

RM 742.00

Non SSTC Member

RM 795.00

SME

Training Grant

RM 238.50

*all rates are inclusive
of 6% GST

For more information or registration, contact:

Sabah Skills & Technology Centre

No. 8, Jalan 1C, KKIP Selatan, Industrial Zone 1 (IZ1), KKIP, 88460, Kota Kinabalu, Sabah

Tel: 088-496613/4 (Ms. Jennifer/ Ms. Shariffah) Fax: 088-499615,

Email: jennifer@sstc.org.my / shariffah@sstc.org.my

VISIT OUR WEBSITE at: <http://sstc.org.my>



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RESOURCE PERSON

Christopher Raj is an associate trainer of GEM Consultancy Sdn. Bhd. He holds a Master's degree in Counselling and an Honours Degree in Biochemistry. He also attained a Post Graduate Certification in Distance Education from Indiana University, USA. At the Institute of Professional Development, Open University Malaysia, he was involved in the planning and implementation of programs in education and training for both local and international clients. Presently, he manages a training and consultancy firm and software solutions business (Collaboration, Chennai, India). As a psychologist, he conducts training programs in the area of human development and psychology. He also consults for various organizations in human capital development and coaching programs. His clients include government agencies as well as the private organizations in Malaysia and abroad. Christopher is also a licensed facilitator of the Leonard Personality Inventory (LPI), being coached directly by the author and inventor himself, Professor Dr. Leonard Yong. Christopher has assisted Professor Leonard in administering the instrument for individuals from various professional backgrounds and facilitated numerous LPI based training programmes.

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