

DEFENSIVE DRIVING COURSE

INTRODUCTION

Defensive Driving save lives, time & money, inspite of the conditions around you and the actions of others. It is a form of training for drivers that goes beyond mastery of the rules of the road and the basic mechanic of driving. It aims to reduce the risks of a driving by anticipating dangerous situations, despite adverse conditions or mistakes of others. The course also emphasize on driver's behavior and understanding that the lives of others and their own are in their hands.

COURSE CONTENTS

- The know - how for evaluating and improving driving skills after mapping - out a personal behavior and skills inventory
- L.O.V. E techniques to prevent collisions
- Coping strategies for dealing with road rage, impaired drivers, high - speed drivers and other dangers on the road
- Identifying Road Hazards
- The serious consequences of fatigue, distracted driving, emotional impairments, and other risk factors
- Time & Journey Management
- Why vehicle malfunction and poor maintenance contribute to collisions
- Emergency Response

WHO SHOULD ATTEND

Experienced licensed drivers, Heavy Good Vehicle Drivers (Dangerous Goods or Cargo Lorry), Public Transport Driver (Bus, Taxi, Van, Limousine & etc) & companies who want a driver improvement course for their employees.

RESOURCE PERSON

Sarman Syafaruddin has 17 years on the road with HGV handling experience. He was a trained driver for Shell for 10 years, and later promoted to be a Mentor and certified driver trainer. His experience and hands on attitude, gave him vast knowledge in vehicle maintenance, hazard and journey management, and road safety. Other trainings received includes First Aider, Emergency Response, Driver & time management, hazardous product handling, GPS handling and driver behavioural profiling.

Duration
2 days

SSTC Member
RM 742.00

Non SSTC Member
RM 795.00

SME
Training Grant
RM 238.50

*all rates are inclusive
of 6% GST

For more information or registration, contact:

Sabah Skills & Technology Centre

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