

BASIC OCCUPATIONAL FIRST AID

INTRODUCTION

Prevention is still one of the best methods against accidents at the workplace. However, even the best preventive efforts sometime fail and it is therefore prudent to prepare for such eventualities. It has been shown that proper initial handling of the accidents victims contributes significantly to the final outcome and often determines if a life could be saved. This programme will impart the basic practical knowledge of First Aid. Knowledge in first aid makes the difference between life and death.

COURSE CONTENTS

- Introduction to First Aid
- Wound and Bleeding
- Basic Life Support
- Shock
- Musculoskeletal Injuries
- Dressing, Bandages and Splints
- Moving the Victim
- Burn Injuries
- Poisoning
- Eye Injuries
- Amputation
- Hazard Identification
- Practical session and Assessment

WHO SHOULD ATTEND

Industrial Workers, OSH Practitioners

METHODOLOGY

Course delivery is in line with adult learning principles incorporating classroom instruction and hands-on activities to meet the competency requirements which includes lectures, practical and assessment.

RESOURCE PERSON

MOHD ARIS MAT JAHARI holds many qualifications under his belt. He is Competent First Aid Trainer (J OFA 0088 H) and holds a Diploma of Medical Assistant from Kolej Pembantu Perubatan, Ulu Kinta, Perak. Mohd Aris has done many training related to Occupational First Aid course. His experiences include Accident and Emergency with Hospital Klang and as a Medical Assistant at the Ministry of Health in Hospital Tengku Ampuan Rahimah, Klang.

Duration

2 days

SSTC Member

RM 848.00

Non SSTC Member

RM 901.00

SME

Training Grant

RM 270.30

*all rates are inclusive
of 6% GST

For more information or registration, contact:

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